

How do we pass on a lifestyle of prayer to our disciples?

How do we develop prayer in our own life?

- You learn to pray by praying.
- You cannot pass help your disciple pray if you aren't praying

If the Son of God needed to pray so often, how much more do we need to pray.

- Luke 6:12-13

How does Jesus model a prayer?

- Luke 11:1-13
 - Adoration - praising God for who He is
 - Confession - agreeing with God as He reveals sin in our lives
 - Thankfulness - for what God has done and what He has promised
 - Supplication - for the needs of others, the purposes of God to be fulfilled
- After Jesus models a prayer He tells a story that shows us
 - Persistency-the neighbor keeps knocking
 - Relationship-the father cares for his child
 - If people can give good gifts, than certainly our Heavenly Father will do the same
 - We have the opportunity to talk with our heavenly Father, He is not a stubborn neighbor for a loving Father who delights to talk to us.

When asked how much time he spent in prayer, George Mueller's reply was, "Hours every day. But I live in the spirit of prayer. I pray as I walk and when I lie down and when I rise. And the answers are always coming."

What do we tend to pray for that are probably not the best things?

- Worldly things
- Selfish things

James 4:1-4

1 What causes fights and quarrels among you? Don't they come from your desires that battle within you? **2** You desire but do not have, so you kill. You covet but you cannot get what you want, so you quarrel and fight. You do not have because you do not ask God. **3** When you ask, you do not receive, because you ask with wrong motives, that you may spend what you get on your pleasures. **4** You adulterous people, don't you know that friendship with the world means enmity against God? Therefore, anyone who chooses to be a friend of the world becomes an enemy of God.

What should we be praying for?

- Things that align with God's will - 1 Jn 5:13-15
- Spiritual/Physical needs of others - Lk 11:2-4
- Satisfaction in God
- Worshipful Prayer that treasures Christ over things in the world
- A humble heart that acknowledges your sinful condition

What does Paul pray for?

- Ephesians 1:15-19
 - He prays for knowledge that leads to hope that we have in Christ, the riches of our inheritance in Jesus, and the power He exerts on our behalf.

We see so many examples of Jesus praying or how Paul prays, so why aren't we praying?

- Pride - we think we got it
- Sin - we don't want to pray because we want to hide in our sin
- Vulnerability - we don't want to seem weak or vulnerable before Him
- Wrong Perspective - our perspective says we don't need prayer, God already knows everything we need/want.
- Time-too busy or tired

“After learning the lesson of being busy in the work of the Lord, too busy in fact to pray, he told his brethren that four hours of work after an hour of prayer would accomplish more than five hours without prayer.” –George Muller

Practical tips on how to start including prayer in everyday life.

- Turn something you're reading in the Word into a prayer
- Set a recurring alarm to remind you to pray
- Turn your walking on campus or driving time into time you pray
- Learn to fast
- Remind each other to pray
- Pray with somebody - get a prayer buddy

How to help your disciple develop a prayer life:

- Ask your disciple what they are praying for
 - You won't know about your disciples prayer life if you don't ask
- Model a worshipful prayer
- Is your disciple only praying for superficial things (tests/health/business)
 - Do they only want their circumstances to change?
 - Help them see a bigger picture or the fact that they only pray for superficial things
 - Help them see their prayer for a test could be a lack of trust in God
 - Don't just pray for circumstantial things to go away or suffering to end, but pray that your disciple would trust God more as a result of their circumstances/sufferings