



Paradigm Discipleship Lesson

The purpose of this resource is to provide some guidance for you as you encourage your disciple to develop a strong devotional relationship with God.

We encourage you to do your own study, using this resource as a guide, to develop a learning experience for you and your disciple that will help you both move deeper in your understanding and experience of interacting with a God who desires a deep, intimate relationship with you.

Scripture Reading

GOAL: For us to see the importance of why we read scripture and how to read scripture. Scripture shows us truth, exposes our rebellion, corrects our mistakes, and trains us to live lives that glorify God. Scripture is God speaking to us today! Do we care about what he says?

DIAGNOSTIC QUESTIONS:

- How often do you read?
- When do you read?
- What do you read?
- Do you have a plan?

STUDY QUESTION: Are there any benefits to reading and knowing God's word?

*Let your disciple try to come up with verses or reasons that commend study or learning.

- Transforms us - Romans 12:1-2 – We are transformed by the renewing of our minds.

READ 2 TIMOTHY 3:16-17 - How is scripture described? In what ways does God use His word in our lives?

- Described: God-breathed (2 Peter 1:19-21)
- Benefit: Profitable for teaching, reproof/rebuking, correction, and training. What do these things mean?

****IMPORTANT NOTE**** From this day forward, regularly challenge your disciple to study the Bible themselves. Use learning moments in your meetings to suggest that they research that particular thought or topic for themselves further and ask them to present the findings in a future meeting. It is imperative that you help them develop the habit of studying the Bible.

STUDY QUESTION: What does it look like to read it practically?

"I only got 20 minutes! What should I do?"

- Have a plan! Read a Psalm or a section of scripture. Pick a story in the Gospel.
- Read it several times.
- Ask God to help you understand.
- Ask these questions: **GULSA (Answer as many as you have time for)**

Bible Reading Method - GULSA

- **GOD** - What does this teach about God? Jesus? The Gospel?
 - What is God/Jesus doing in this passage?
- **US** - What does this teach about people/humanity?
 - Do we learn anything about what it looks like to be a follower/disciple of Jesus?
- **LIKE** - What did you like in this story? Anything stand out?
- **SUMMARY** - How would you summarize this passage of scripture?
- **APPLY** - How would you apply this passage to your life?
 - In light of this passage and the Gospel of Jesus (SPECK):
 - What **Sin(s)** do you need to confess?
 - What **Promise(s)** from this text do you need to remember?
 - What **Example(s)** from the text do you need to follow?
 - What **Command(s)** from the text do you need to obey?
 - What **Knowledge** did you gain from studying this text today?
 - **REMEMBER!** Not every passage has all of these ways of application.

Practice: Read Mark 2:13-17 and answer the GULSA questions together.

Some Practical Tips:

- The best plan for you is the plan that you will do!
- Listening and Hearing God's word - it is ok to listen to the Bible.
- Get rid of distractions. Read a physical Bible and put your phone away.
- Start a New Testament book, like Mark or Ephesians, and read a section each day at the same time.

HOMEWORK: Make a plan to read everyday. What is your plan? How can you both help each other?

EXAMPLE: Read one section of Mark each day, ask what this teaches about Jesus, and pray.

God's Word:

